(Older than 4 months- I personally wait until 6 months)

Use a kitchen scale that has TARE for weigh/gram calc.

1 gram per 22 lbs.

**GRAMS WEIGHT**

1. **22**
   1. **33**
2. **44**
   1. **55**
3. **66**
   1. **77**
4. **88**
   1. **99**
5. **110**
   1. **121**
6. **132**
   1. **143**
7. **154**
   1. **165**
8. **176**
   1. **187**